

PROGRAMME
12th HCU National and International Conference
Theme: *Research to Serve Society*
31st July 2025
Huachiew Chalermprakiet University
Bangphli District, Samutprakarn
Thailand

Parallel Session 8 : Health Sciences (International) (11)
Venue : Room 402 Floor 4 Building A
Moderator : Dr. Kittipong Sitthisinthu / Dr.Chirattikan Maicheen
Coordinator : Mr. Arthit Suriyaroj

Time	Title	Presenter
13.00 - 13.15	1. The Efficacy of the 'rayqal' Application in Enhancing Maternal Knowledge and Attitudes Regarding Toddler Stimulation	Yanti Herawati, Umi Darni Harefa, Lina Herlina
13.15 - 13.30	2. The Effect of Effleurage Massage Therapy on the Reduction of Labor Pain Intensity in First Stage of Labor	Ira Kartika, Sheli Riani, Yanti Herawati
13.30 - 13.45	3. Nanovaccinology: Exploring Nanoparticle-Based Platforms for Next-Generation Vaccine Development	Julie Ann L. Mercado
13.45 - 14.00	4. Bridging the Gap: Student Accessibility, Willingness, and Preferences for Telemental Health Services in the School Setting	Kristine Ann Israel
14.00 - 14.15	5. Calm Mind, Clear Paths: the Benefits of Mindfulness as a Coping Strategy Against Anxiety Among Nursing Students	Michael Rhey R. Orines
14.15 - 14.30	6. Converting Biological Resources into Herbal-Based Ointment for Topical Application: Formulation and Efficacy Evaluation	Maria Shiela M. Ramos
BREAK		
14.45 - 15.00	7. Ethnomedicinal Catalogue and Diversity of Medicinal Flora: Enhancing Education Through Indigenous Knowledge	Cathelyn C. Mariano
15.00 - 15.15	8. Psychometric Evaluation of Mindfulness and Well-Being Scales: A Cross-Sectional Study of Filipino Undergraduate Students	Jose J. Pangngay
15.15 - 15.30	9. Mental Well Being and Antisocial Behavior among Chinese Adolescents: A Literature Review	Carmela S. Dizon
15.30 – 15.45	10. Sexual Health Awareness of Young Adults in a Selected Barangay in Sampaloc, Manila, Philippines: Descriptive-Comparative Study	Paul O. Dayandayan
15.45 – 16.00	11. Academic Support and Learning Equality in Blended Education: Implications for Policy and Practice in a Philippine University	Marilen F. Pacis

Remarks: There may be changes to the order of presentation without prior notice.